



Greetings Plymouth Physical Therapy Specialist's Patients,

These last couple weeks feel like *none other* that we have ever experienced in our 25 years as healthcare providers. We continue to operate with a full staff and will remain open to see patients under normal business hours. We fully support the decisions made by our Governor, Gretchen Whitmer and will adhere to the CDC's guidelines regarding sterilization and sanitation. We are also monitoring the latest news about COVID-19 and continue to perform our normal cleaning procedures to protect our patients that include:

- All staff members wash their hands before and after treating each patient.
- Changing pillowcases and using Envirocide disinfectant to wipe down tables before each patient is brought back to the gym or treatment room.
- Disinfecting all exercises equipment immediately after use by staff or patients.
- Disinfecting all devices held by a staff member's hands immediately after use including ultrasound, electrical stimulation, laser and hot/cold packs.

We have increased the frequency of disinfecting any other objects that patients or staff members come in contact with including door handles, toilet handles, the handle to our front door, keyboards and mice, touch screens on electronic devices and any buttons on devices such as printers.

The U.S. Center for Disease Control recommends the following measures to reduce the risk of contracting COVID-19:

- Avoid contact with people who are sick.
- Avoid touching your eyes, nose and mouth.
- Stay home when you are sick
- Cover your cough or sneeze with a tissue, through the tissue in the trash and wash your hands.
- Wash your hands often with soap and water for at least 20 seconds, especially after using the bathroom; before eating; and after blowing your nose, coughing or sneezing.

For the safety and well-being of our patients and the team at PPTS, we ask that if you or a family member are ill, ***please stay home and contact our office to reschedule your appointment.*** We are happy to help you find another convenient time.

We will continue to monitor the situation and provide updates as necessary. Our patients, employees, and community will always remain our first priority.

Sincerely,
The PPTS Team